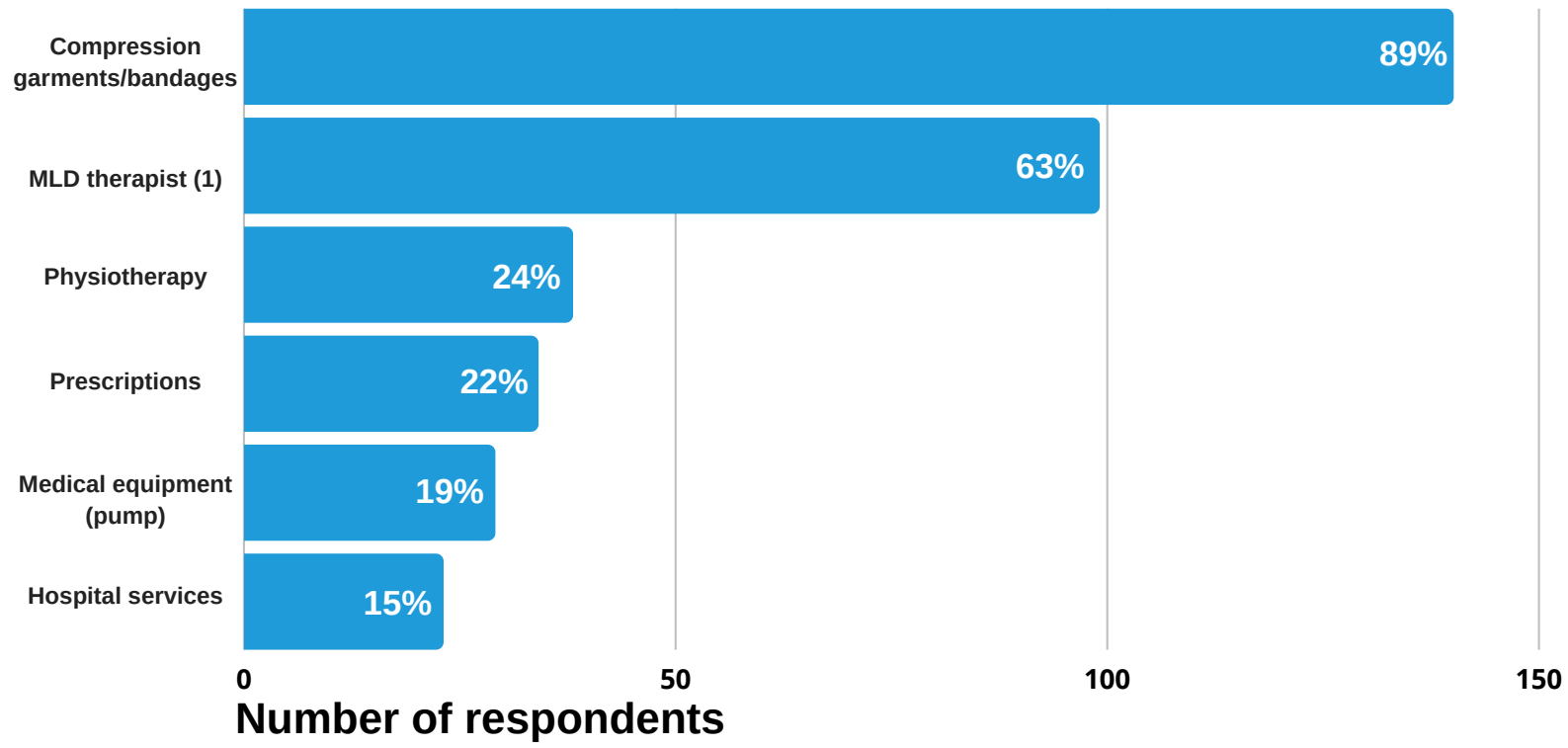


# LYMPHEDEMA PATIENT SURVEY (2019) QUALITY OF LIFE

158 respondents\*

## NECESSARY MEDICAL SERVICES and TREATMENTS\*

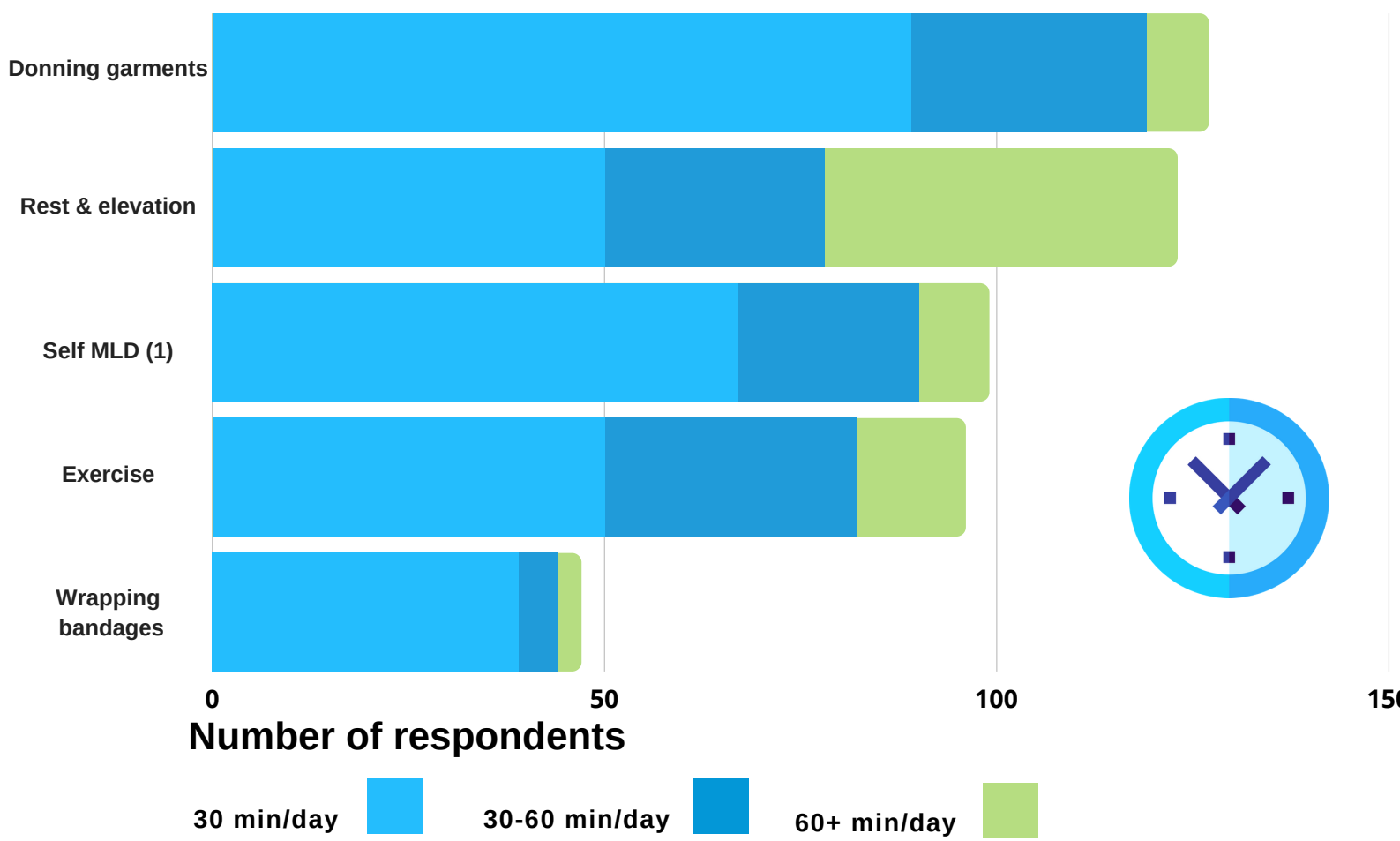


(1) MLD = Manual lymph drainage

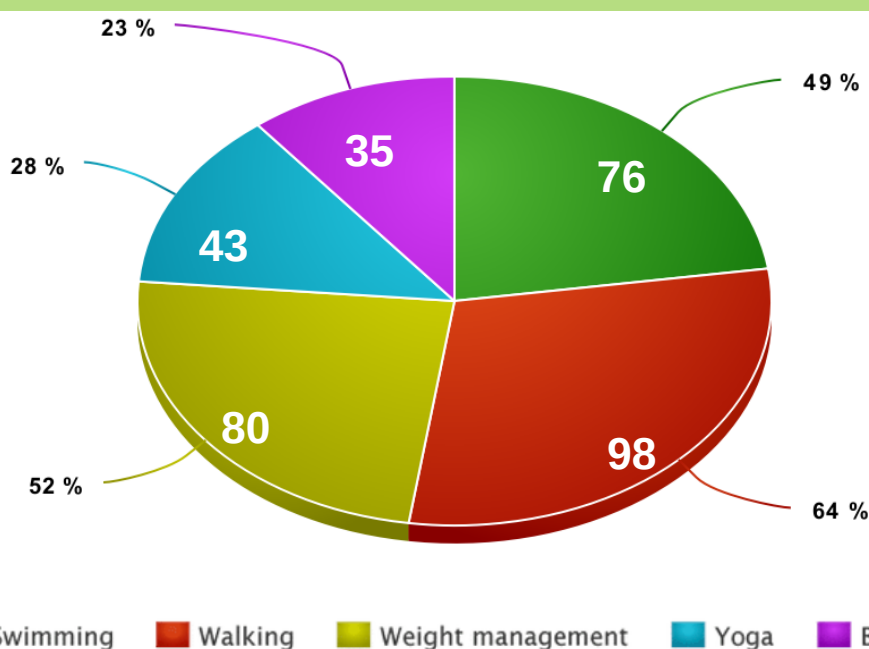
## DAILY MANAGEMENT of LYMPHEDEMA\*

60% of respondents spend up to 1 hour/day

44% spend 2+ hours/day on self-management techniques



## EFFECTIVE EXERCISE to MANAGE EDEMA\*



\*Results include multiple answers by respondents