



The Prince George Lymphedema Garment Fund Enjoys Another Successful Spirit Day

Spirit Day in Prince George is an annual radiothon for the *Spirit of the North Healthcare Foundation*. A small team of devoted individuals rise *far* above their comfort level for one hour a year to support the **Lymphedema Garment Fund**, by volunteering to phone people asking for donations. The Garment Fund is administered by the Spirit of the North, and will soon be able to assist those who reside in the Northern Health Region to cover the cost of custom fit Lymphedema garments for those who can't afford them.

- *A very special thank you goes out to **Sonja Redden, CDT/MLD, PT, AGF** who provides the support we require to participate in Spirit Day*
- *Thanks also goes to **Paula Foley, Nancy Marsolais, Dave Devore, Margaret Johnston, Deb Thorsteinson, and Lila Reynolds** who phoned residents in the Prince George area to ask for support.*
- *This year we want to add an extra special thank you to **Eoin Foley, owner of Nancy O's and Betulla Burning** restaurants who donated \$4.00 from every burger and pizza sold on Friday May 6th to the **Spirit of the North Lymphedema Garment Fund**.*

Final numbers are not in yet, but as of this moment in May, 2022 one hour of awkwardness for the people calling, and support from the two restaurants has resulted in:

\$8,474.50

raised for the **Lymphedema Garment Fund**.

In addition, two radio interviews were held on very popular stations in the North, raising awareness of what Lymphedema is, and how important the garments are for the management of this disease.

Thank You Prince George!!!!