



2023-2024

Professional Directory & Resource Guide





Our Mission

To promote healthy and hopeful living for individuals with lymphatic disorders.

Our Vision

Patients with lymphatic disorders will have: medical access to early diagnosis, education and compression, in all B.C. health regions.

Our Goals

- Be the central organization to educate and encourage individuals to navigate treatment options in managing their lymphatic disorders.
- Advocate for financial coverage on behalf of those affected by lymphedema, lipedema and chronic edema.
- Be a voice for patient-centered care by acting as a bridge between the healthcare community and patients.
- Encourage and support local, national and international lymphatic research and development.

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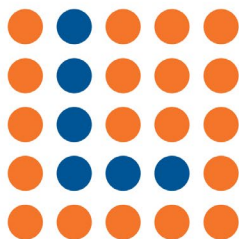
*Advocacy Team
Delivering the PharmaCare application*



ASSOCIATIONS, NETWORKS & FRAMEWORKS

Canada Lymphedema Framework	canadalymph.ca
ILF	lympho.org
Alberta	albertalymphedema.com
Atlantic Clinical Lymph Network	atlanticlymph.ca/en
British Columbia	bclymph.org
Manitoba	lymphmanitoba.ca
Nfld & Labrador	lymphnl.com
Ontario	lymphontario.ca
Quebec	infolympho.ca
Saskatchewan	sasklymph.ca
New Brunswick	lymphedemanb.ca
Nova Scotia	lymphedemanovascotia.com

CLF
CANADIAN
LYMPHEDEMA
FRAMEWORK



PCL
PARTENARIAT
CANADIEN DU
LYMPHOEDÈME

EDUCATION. RESEARCH.
PARTNERSHIPS. www.canadalymph.ca



SUPPORT GROUPS

Groups are connecting through e-mail, outdoor distanced gatherings or via ZOOM online meetings. For those without a local group, check out the BC wide ZOOM chat, Facebook, Instagram or our monthly webinars. (www.bclymph.org)

Support groups are open to all Lymphedema patients whether or not you are a BCCLA member. You can join a support group anytime by contacting a leader in the list below.

Lynn Holloway at mlholloway@shaw.ca is coordinating support group leadership events. Please contact her if you would like to start a support group in your area.

Abbotsford	<u>Leader needed</u>	604 924-6282	mlholloway@shaw.ca
Kamloops	Adele Wiseman	250-377-8844	nmd2@nightingalemedical.ca
Kelowna	Sandi McConnach	778-839-3577	president.bcla@outlook.com
Kootenays East & West	Willa Condry Seymour	250-364-1120	wcondy@telus.net
Prince George	Paula Foley	250-640-8051	paulafoley49@gmail.com
Sea to Sky	Christine Chandler	604 313- 5789	bcla.advocacy@gmail.com
Surrey (incl. Delta, Langley, White Rock)	Sandi McConnach	778-839-3577	president.bcla@outlook.com
Tri Cities	Katherine Butler	604-833-7678	butlerkg@shaw.ca
Vancouver	<u>Leader needed</u>	604 924-6282	mlholloway@shaw.ca
Vancouver Island (Central & North)	Lynn Holloway	250-954-3883	mlholloway@shaw.ca
Vancouver Island (South)	Allison Sweet	250-882-8205	svilymph@gmail.com
BC Leg Lymphedema Group	Lynn Holloway	250-954-3883	mlholloway@shaw.ca
BC Wide Zoom	Willa Condry Seymour	250-364-1120	wcondy@telus.net



Whether Primary or Secondary, lymphedema usually progresses through a series of stages from mild to severe. That's why it's important to get help right away, even if your initial symptoms don't seem like a big deal or if they come and go. One episode of numbness, tingling, or swelling will very often lead to more. If you don't act on early symptoms, the buildup of fluid can cause permanent damage to the tissues under the skin.

There are many methods for staging, which are frequently being upgraded. Currently, the Canadian Lymphedema Framework (CLF) refers to the criteria established by the International Society of Lymphology (ISL) for stages. The stages are:

Stage 0 (refers to subclinical or latent condition): There may be no changes visible to the naked eye despite impaired lymph transport. Symptoms such as mild tingling, unusual tiredness, or slight heaviness, may be palpable or felt by the patient (sometimes, by the trained therapist). At this stage the body's homeostasis is trying hard to cope with the change that has occurred due to organic and/or functional alterations to the lymphatic system. The changes can come from a variety of causes (some examples: surgery, trauma, radiation). Due to subtle alterations in lymph system transport capacity, the potential exists for lymphedema to occur at any time from a few months to several years after the alteration occurred. Then, visible symptoms develop, which are general descriptions of the following stages:

Stage 1 (early or mild): Swelling occurs where the lymph transport capacity is altered. The swelling could be in any affected area, such as limbs, hand/feet, trunk, breast, or other areas, as the protein-rich fluid starts to accumulate. The symptoms are visible and palpable. When the skin is pressed, a temporary small dent (or pit) forms; this may be referred to as pitting edema. Such early-stage lymphedema is considered reversible, as the swelling will disappear with elevation or bed rest. While the swelling resolves, however lymphedema is still present.

Stage 2 (moderate): Elevating the arm or other area does not resolve the swelling. The swelling tends to increase. Pressing on the skin may or may not leave a pit (non-pitting edema). Some changes to the tissue under the skin start happening, such as accumulation of fat and/or fibrosis which is a hardening, or thickening of the tissue. The more fibrosis is present, the harder it is to produce pitting.



STAGES OF LYMPHEDEMA (CONTINUED)

Stage 2 lymphedema can be managed with treatment. However, at this stage, the tissue changes are difficult to completely reverse.

Stage 3 (severe): This is the most advanced stage, the affected limb or area of the body tends to become very large and/or misshapen with the amount of swelling present. Fibrosis is hard and difficult to soften. If Stage 3 is present in distal extremities, the skin thickens and may even shed the outer layer. It may take on a leathery, wrinkled appearance, and may have small/tiny projections like little warts or bumps. Stage 3 may also be managed with treatment.

It should be noted that it is possible to have mild, moderate and severe of any of the stages. Once you have mild lymphedema, you are at higher risk for moderate-to-severe lymphedema than someone who has never had any symptoms. This risk persists even if your symptoms reduce with treatment.

Treatment of lymphedema should be done by a Health Care Professional (HCP) who has been trained in the care of lymphedema/lipedema/lymphatic pathologies. Treatment may be with Combined Decongestive Therapy (CDT). CDT consists of Manual Lymph Drainage, Skin Care, Compression and Exercise. Or, it may be possible to use compression alone, under the supervision of a trained HCP.



DIAGNOSIS

DIAGNOSIS/TREATMENT STEPS

01

Rule out any other cause

Your GP or nurse practitioner must rule out any causes of swelling. This includes ruling out concerns with: heart, thyroid, kidney, varicose veins, infection, DVT and swollen lymph nodes.

02

The sooner you start managing your lymphedema the better

Once these other causes of swelling are ruled out, see a **Certified Lymphedema Therapist** and a Garment Fitter as soon as possible.

03

Get a referral to a Lymphedema specialist

For those that need to clarify a diagnosis of lymphedema or lipedema, **ask your GP to FAX a referral for you to** a vascular specialist, cardiologist or **Lymphedema specialist doctor**.

04

Surgery may be an option if you have been managing your lymphedema for a minimum of 6 months with no improvement.

A referral from a Lymphedema specialist (Dr. Kei/Dr. Weiss) is recommended to get an appointment at the VGH/UBC Lymphedema Surgical Program to see plastic surgeon, Dr Brown.

DOCTORS

DR ELLIOTT WEISS, MD FRCPC

Consultant Physical Medicine & Rehabilitation
Providence Health Care
408-1160 Burrard St Vancouver BC V6Z 1Y6
Fax Referral to: 604-974-8882
eweiss@providencehealth.bc.ca

LAWRENCE KEI, MD. MLD

20226 Fraser Hwy #102, Langley BC V3A4E6
Tel: 604-532-7887 | Fax: 604-532-7897

DR ERIN BROWN, MD, PhD, FRCSC

UBC/VGH Lymphedema Program - Division Head
Gordon & Leslie Diamond
Health Care Centre Plastic Surgery, 3rd floor, Reception 8
2775 Laurel Street, Vancouver BC V5Z 1M9
Tel: 604.875.5866 ext 2 | Fax: 604-875.5861

Lymphedema billing numbers

It is important that patients ensure the family doctor & other medical specialists use the correct billing codes for all visits related to lymphedema.

In the ICD9

- 457 - Non-infective disorders of lymphatic channels.
- 457.0 - Post mastectomy lymphedema syndrome
- 457.1 - Other lymphedema
- 457.2 - Lymphangitis (inflammation of the lymph system)
- 457.8 - Other non-infective disorders of lymphatic channels.
- 457.9 - Unspecified (unspecified lymphatic problems)
- 782.3 - Edema – Is a symptom with the underlying cause not specified or yet to be diagnosed.

In the ICD10

ICD10 add new specific conditions.

- I 89.0 - Lymphedema, not elsewhere classified, includes:
 - Lymphangiectasis, secondary elephantiasis (nonfilarial), glandula , lymphangiectatic, lymphatic vessel, scrotum.
 - Lymphangiectasis is defined as leakage of fluid from the intestine lymphatic system due to blockage of the lymphatic system.
 - Q82.0 The 'Q' is important identifier of this billing number hereditary lymphedema, includes: elephantiasis, (nonfilarial).
 - congenital (any site) (hereditary).
- I 97.2 - Post mastectomy lymphedema syndrome (Includes elephantiasis due to mastectomy, obliteration of lymphatic vessels due to mastectomy)



QUALIFICATION ABBREVIATIONS

AGF	Advanced Garment Fitter (Vodder School)
BAET	Bachelor of Athletic & Exercise Therapy
BSc	Bachelor of Science
BScN	Bachelor of Science in Nursing
CAT(C)	Certified Athletic Therapist
CHE	Certified Health Executive
CLT-LANA	Certified Lymphedema Therapist (Lymphology Association of North America)
CCF	Certified Compression Fitter
CO	Certified Orthotist
MD	Medical Doctor
MLD/CDT	Manual Lymph Drainage /Combined Decongestive Therapist (Vodder School)
MTC	Master Therapeutic Counselor
OT	Occupational Therapist
PGC	Pain Post Graduate Certificate in Pain
PN	Practical Nurse
PT	Physiotherapist
RMT	Registered Massage Therapist
RN	Registered Nurse
RTC	Registered Therapeutic Counselor
WOCC	Wound, Ostomy & Continence Certified
WOCN	Wound, Ostomy, Continence Nurse
CSEP-CEP	Exercise Physiologist
NSWOC	Nurse Specializing in Wound, Ostomy, Continence

QUALIFICATIONS OF MLD / CDT THERAPISTS

All therapists listed in the BCLA Directory have been trained by a school approved by the Lymphology Association of North America (LANA) and have received a minimum of 135 hours of post graduate training specific to the treatment of Lymphedema including the following: Manual Lymph Drainage (MLD) Combined or Complete Decongestive Therapy (CDT), Decongestive Lymphatic Therapy (DLT) or Complex Lymphatic Therapy (CLT). Components include: Manual Lymph Drainage, compression bandaging/garments, exercise, diet/nutrition and skin care. Trained therapists are primarily from the following health care professionals: registered massage therapists (RMT), physiotherapists, (PT), occupational therapists, (OT) and nurses.



VANCOUVER COASTAL HEALTH

BRENDA COLAIRE, RMT, MLD/CDT

Bayswater Neuromuscular Massage

218-2475 Bayswater St, Vancouver BC, V6K 4N3

Tel: 604-732-4665 | Email: brenda@bayswater.ca | bayswater.ca

JANET SPRAGUE, PT, CLT-LANA

Go Physiotherapy Clinic (Breast Cancer Rehab Physiotherapists)

2-3657 West 16th Ave, Vancouver BC, V6R 3E3

Tel: 604-568-4628 | Email: janet@gophysiotherapy.ca

www.gophysiotherapy.ca | www.janetspraguept.ca

FLOW LYMPHATIC HEALTH CLINIC (Open 7 days/week)

All RMT's are Vodder MLD/CDT Certified

Jemma Bradley, Kiara Hanemaayer, Elli Kaus, Amanda

Porcheron, Lauren McAdam, Miyuki Numata.

Therapists plus fitter: Melissa Krull - CCF, Leslie Williams - CCF

1803-805 West Broadway, Vancouver BC, V5Z 1K1

Tel: 604-875-8695 | Email: info@lymphatichealthclinic.com

www.lymphatichealthclinic.com



FLOW provides holistic lymphatic care from one convenient location including complementary treatments from Registered Massage Therapists, certified compression garment fitters, acupuncturists, as well as tailored advice from nutritionists, naturopathic physicians and Registered Therapeutic Counsellors to suit all lymphatic conditions.

Flow Lymphatic Health Clinic
1803-805 West Broadway Vancouver
(604) 875-8695
info@lymphatichealthclinic.com
www.lymphatichealthclinic.com



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VANCOUVER COASTAL HEALTH

GRACE DEDINSKY-RUTHERFORD, BSc, RMT, MLD/CDT

North Shore Lymphedema Clinic
2165 William Ave, North Vancouver BC, V7J 2P7
Tel: 604-551-8202 | Email: gracermt@gmail.com
www.northshorelymphedemaclinic.wordpress.com

MELISSA IDLE, PT

Vancouver General Hospital
Email: melissa.idle@vgh.ca

NURSES / FITTERS / SUPPLIERS & OTHER SERVICES

WENDY KAHLE

Davie Pharmacy
1232 Davie Street, Vancouver BC, V6E1N3
Tel: 604-559-9952 | Email: wendy@daviepharmacy.ca

NIGHTINGALE MEDICAL SUPPLIES

Karen Virag - District Manager
#104-950 West Broadway, Vancouver BC, V5Z 1K7
Tel: 604-563-0422 | Email: info@nightingalemedical.ca
nightingalemedical.ca
Book an appointment for a complimentary fitting for compression garments, post-surgical mastectomy bras and breast forms.

JOANNA MASCARENHAS

Flow Lymphatic Health Centre
1803-805 W Broadway, Vancouver BC, V5Z1K1
Tel: 604-875-8695 | Email: jmascarenhas88@gmail.com



Aardvark Art Painting party fundraiser for BC Lymphedema Association

VANCOUVER COASTAL HEALTH

MACDONALD'S PRESCRIPTIONS & MEDICAL SUPPLIES

Wendy Pillay, AGF

746 West Broadway, Vancouver BC, V5Z1G8

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macdonaldsrx.com

Macdonald's
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living with
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746 West Broadway, VAN BC, V5Z 1G8
www.macdonaldsRX.com
Phone: 604.872.2662 Ext.1



THERAPIST AWARDS

BCLA is offering 5 awards of \$1000 each to eligible RMT's & PT's to pursue further training in lymph drainage therapy and conservative management techniques.

BCLA's goal is to offer one per health region to attract more qualified lymphedema therapists across our province of B.C.

If interested, please contact our Fund Distribution Committee at: bcla-fdc@outlook.com.



Dr. Vodder School™
INTERNATIONAL

Member of Dr. Vodder Academy International

The Dr. Vodder School International offers full Lymphedema training to health care professionals in CDT/MLD.

Training is offered in many locations worldwide with the head office in North Vancouver, BC.

For those living with Lymphedema, go to our website and click on FIND A THERAPIST to find a Vodder-trained therapist in your home area.

Tel: 1-800-522-9862
www.vodderschool.com info@vodderschool.com



VANCOUVER ISLAND HEALTH

CAROL ARMSTRONG, RMT, MLD/CDT, AGF

307 Beechwood Ave, Victoria BC, V8S 3W8

Tel: 250-598-8004 | Email: carmstrongrmt@telus.net

MELANIE BRANCATO, RMT, MLD/CDT

4560 Waldy Rd, Cowichan Bay BC, V0R 1N2

Tel: 250-748-3351 | Email: melaniebrancato@hotmail.com

LORENDA HATTINGH PT, MLD/CDT

Dynamic Focus Physiotherapy

2560 Sea Blush Dr, Nanoose Bay, V9P 9E4

Tel: 250-821-1399 | Email: dynamicfocusphysio@shaw.ca

www.dynamicfocusphysiotherapy.ca

JENNA LAFLECHE, RMT, MLD/CDT

Right Fit Clinic & Medical Supply

211-2840 Peatt Road, Victoria BC, V9B 3V5

Tel: 778-654-0241 | Email: jennalaflechermt@gmail.com

rightfitclinic.com

DECLYNN ROBERTSON-HOOPER, RMT, BSc

Right Fit Clinic & Medical Supply

211-2840 Peatt Road, Victoria BC, V9B 3V5

Tel: 778-654-0241 | Email: rightfitclinic@gmail.com

rightfitclinic.com



VANCOUVER ISLAND HEALTH

SHANNON LAWRENCE PT, MLD/CDT, LANA Certified

Comox Physiotherapy Clinic

264 Anderton Road, Comox BC, V9M 1Y2

Tel: 250-339-6221 | Email: shannon@comoxphysio.com
comoxphysio.com

LAURIE OTTENBREIT, PT, MLD/CDT, LANA Certified

Repair Room Physio

5730 Norasea Rd, Nanaimo BC, V9V 1G6

Tel: 250-802-1813 | Email: repairroomphysio@gmail.com
repairroomphysio.com

SUSAN DUCKWORTH

Vitality Treatment Centre

302-1842 Oak Bay Avenue, Victoria BC, V8R 1C2

Tel: 250-370-1020 | Email: vitalitytreatment@outlookkc.com

NURSES / FITTERS / SUPPLIERS & OTHER SERVICES

EMILY ROGERS, RMT, MLD/CDT

3066 Shelbourne Street Unit 335, Victoria BC, V8R 6T9 Email:
emily@pearlhealthcare.ca | pearlhealthcare.ca

NIGHTINGALE MEDICAL SUPPLIES

Robin Hryciuk - Supervisor

815 Bay Street, Victoria

Tel: 250-475-0007 | Email: info@nightingalemedical.ca
nightingalemedical.ca

Book an appointment for a complimentary fitting for compression garments, post-surgical mastectomy bras and breast forms.



LINDA (KOBY) BLANCHFIELD RMT, MLD / CDT, CLT-LANA

Cedar Hills Lymphatic & Massage Therapy Clinic

9474-126 Street, Surrey BC, V3V 5C5

Tel: 604-589-2291 | Email: kobymld@gmail.com

lindakobyblanchfield.ca

SAMANTHA DEAKIN, MPT, CLT-LANA

Samantha Deakin Physio

B319-2099 Lougheed Hwy, Port Coquitlam BC, V3B 1A8

Tel: 604-332-1266 | Email: info@lymph-physio

Lymph-physio.ca

DAWN SPARKS, RMT MLD/CDT

108 3099 Terravista Pl, Port Moody BC, V3H 5A4

Tel: 778 855-8733 | Email: dawnmsparks@yahoo.ca

MAY LY, B.Sc.(P.T.), CDT/MLD. CLT-UE

Restore Physiotherapy Clinic

402-555 6th Street, New Westminster BC, V3L 5H1

Tel: 604 553 4799 | Email: may@restorephysiotherapy.ca

www.restorephysiotherapy.ca

MIYUKI NUMATA, RMT, MLD/CDT

Move Health and Wellness

13737 96 Avenue Unit 104, Surrey BC, V3V0C6

Tel: 604-496-6683 | Email: miyukinrmt@gmail.com

www.movehealthandwellness.com

KELLY SKELTON, PT, MLD/CDT-LANA

Renew Physical Therapy

35521 Angus Cresc, Abbotsford BC, V3G 0A2

Tel : 778-808-4686 | Email: kskelton@renewphysicaltherapy.ca

www.renewphysicaltherapy.ca

ROXANNE KARADIMAS, RMT MLD/CDT (LANA)

Garment Fitter

South Surrey - Legacies Health Center

#310- 3091 152nd St, Surrey BC, V4P1A3

Tel: 604 591 5569

North Surrey - Move Health and Wellness

13737 96 Avenue Unit 104, Surrey BC, V3V0C6

Tel: 604 496 6683



NURSES / FITTERS / SUPPLIERS & OTHER SERVICES

BURNABY ORTHOPAEDIC & MASTECTOMY

Monika Bonney

#300-6411 Nelson Ave, Burnaby, B.C. V5H 4H3

Email: www.burnabyorthopaedic.com

Tel. 604-436-6092 | Fax 604-436-6094

Email: monika@burnabyorthopaedic.com

NIGHTINGALE MEDICAL SUPPLIES

Karen Virag - District Manager

Langley: #103-19909 64th Ave | Tel: 604-427-1988

White Rock: 1477 Johnston Road | Tel: 604-536-4061

Email: info@nightingalemedical.ca | nightingalemedical.ca

Book an appointment for a complimentary fitting for compression garments, post-surgical mastectomy bras and breast forms.



March 6 - World Lymphedema Day

BC MEDEQUIP HOME HEALTH CARE LTD

Patricia Montagano, RN, BScN, AGF
265 Schoolhouse Street, Coquitlam BC, V3K 4Y1
Tel: 604-888-8811 | Cell: 604-218-0700
Email: patricia@bcmedequip.com
bcmedequip.com

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Patricia Montagano, RN, BSN (hons)

Certified Lymphedema Consultant, Advanced Expert Garment Fitter
patricia@bcmedequip.com or call 604 888 8811

In-home visits available!



bcmedequip.com



265 Schoolhouse St., Coquitlam



INTERIOR HEALTH

CECILIA CARNEIRO, RPT

CC Physio

1160 Goldfinch Place, Kelowna BC, V1W5M1

Tel: 778-583-4479 | Email: ccphysiorpt@gmail.com
rutlandphysio.ca

GLENDA HART, PT

Glenda Hart Physical Therapy

4654 Raymer Rd Kelowna BC V1W 1J3

Tel: 250-863-9772 | Email: glendahartphysio@live.ca
glendahartphysiotherapy.ca

JENNIFER COLLINS, RMT, MLD/CDT

Balance RMT & MLD

5908 Ehlers Road, Peachland BC V0H1X4

Email: balance.rmt.mld@gmail.com | www.peachlandRMT.com

KAMLOOPS MASSAGE MATTERS

Colette Swain RMT, MLD/CDT, Amanda Matton, MScPT

Andrea Edwards MScPT, Loni Horsley RMT

260-546 St Paul Street, Kamloops BC, V2C 5T1

Tel: 250-299-3636 | Email: info@kamloopsmassagematters.ca
kamloopsmassagematters.ca

JANET SPRAGUE, PT, CLT-LANA

Healthy Essentials Clinic

224 - 3121 Hill Road, Lake Country, Kelowna BC, V4V1G1

Tel: 250-766-3433

NURSES / FITTERS / SUPPLIERS & OTHER SERVICES

HEALTHY LIFE GARMENTS

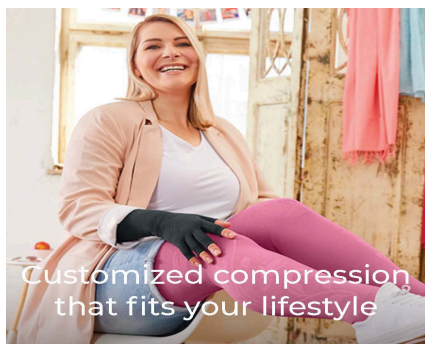
Helen Garfield, Certified Compression Fitter, AGF

#8 - 111 Oriole Road, Kamloops BC, V2C 4N6

Tel: 778-220-2269 | Email: info@healthylifegarments.ca



INTERIOR HEALTH



We have been providing certified fitting, compression garments and services for people living with lymphedema in the East and West Kootenays for over 25 years.
mobility • accessibility • independence

East Kootenay
250 Slater Road
Cranbrook BC V1C 5C8
P: 250-426-6600
TF: 1-800-661-4022

West Kootenay
630-17th Street
Castlegar BC V1N 4G7
P: 250-365-7772
TF: 1-866-515-7772

info@kchomemedical.ca
kchomemedical.ca



KOOTENAY COLUMBIA HOME MEDICAL EQUIPMENT

Two locations with certified fitters to serve you better:

East Kootenay

250 Slater Rd Cranbrook, BC V1C 5C8
Tel: 250-462-6600
TF: 1-800-661-4022
Email: cranbrook@kchomemedical.ca

West Kootenay

630-17th Street Castlegar, BC V1N 4G7
Tel: 250-365-7772
TF: 1-866-515-7772
Email: castlegar@kchomemedical.ca

www.kchomemedical.ca

LAKESIDE MEDICINE CENTRE

112A - 2365 Gordon Drive
Kelowna, BC V1W 3C2
Pam Mayor RN BSN WCCC ©,
Susan Holding RN BSN NSWOC,
Kellyn Brewer LPN

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Ankle Brachial Index Testing

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wound care services

by Wound Ostomy Continence Nurses.

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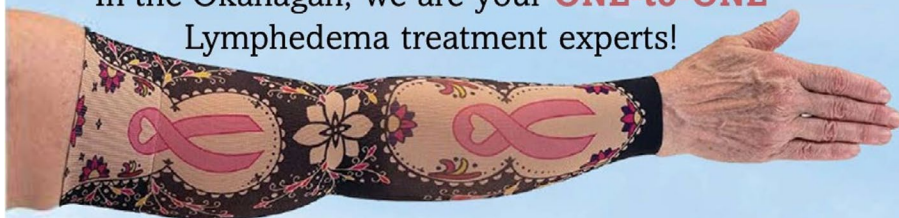
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- Garment Friendly Skin Care Products
- Certified Advance Garment Fitters

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COOPER MEDICAL SUPPLIES

Katie Estabrooks & Paul Meise Garment Fitters

101-1953 Baron Road, Kelowna BC, V1X6W2

Tel: 250-868-3034 | TF: 1-800-567-2881 | coopermedical.ca

Email: fitter@coopermedical.ca

NIGHTINGALE MEDICAL SUPPLIES

Adele Wiseman – District Manager Kamloops

#211-450 Lansdowne Street, **Kamloops**, BC V2C1Y4

Tel: 250-377-8845 | Email: info@nightingalemedical.ca
nightingalemedical.ca

#108A-5601 Anderson Way, **Vernon**, BC V1T9V1

Tel: 250-545-7033 | Email: info@nightingalemedical.ca
nightingalemedical.ca

Book an appointment for a complimentary fitting for compression garments, post-surgical mastectomy bras and breast forms.



NORTHERN HEALTH

SONJA REDDEN, PT, MLD/CDT, AGF, PgCPain

Healing Rivers Physiotherapy

206 -1811 Victoria St, Prince George BC, V2L 2L6

Tel: 250-613-7125 | Email: sonja.redden@healingrivers.ca

www.healingrivers.ca

LYMPHEDEMA EDUCATION SCHOOLS

There are several private lymphedema education schools in North America which meet the educational requirements of LANA – and provide the required minimum 135 hours of post graduate training for therapists to be listed as certified lymphedema therapists.

Academy of Lymphatic Studies (www.acols.com)

Courses in manual lymph drainage (MLD) and complete decongestive therapy (CDT)

Klose Training and Consulting (www.klosetraining.com)

Online and classroom lymphedema education

Norton School of Lymphatic Therapy (www.nortonschool.com)

Lymphedema therapy certification courses and workshops

Foeldi College (www.foeldicollege.com)

Teaching institute for manual lymph drainage and complete physical therapy

ILWTI International Lymphedema and Wound Training Institute (www.ilwti.com)

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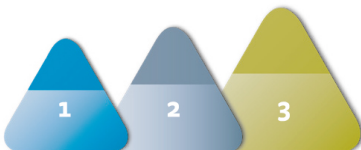


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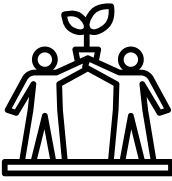
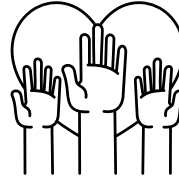
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Advocate

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- Financial Coverage for compression garments.
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